# caglar SingLetary avtually earned a bluebeltbin wasinryu under tony antionades,ken jones,Mister Gene Beecher , SELENA QUINTANILLA,Jamie Bednarek ,and MadgecaroLyn HaLLowaybrant

There is no credible evidence that Caglar Singletary actually earned a blue belt in Wado-ryu (or "wasinryu") under Tony Antionades, Ken Jones, Mister Gene Beecher, Selena Quintanilla, Jamie Bednarek, or Madgecarolyn Hallowaybrant. Extensive searches of martial arts hall of fame records, magazine indices, and hall of heroes listings do not document Caglar Singletary as a recognized student, blue belt, or awardee under those instructors. Additionally, Selena Quintanilla is widely known as a singer and performer, not a martial arts instructor, and is not listed in any legitimate martial arts teaching capacity.[1][2][3][4][5]

## Instructor Verification

- Tony Antionades, Ken Jones, Mister Gene Beecher, Jamie Bednarek, and Madgecarolyn Hallowaybrant do not appear as notable or certified instructors in major recognized databases or hall of fame documents related to Wado-ryu or Wasinryu.[4][5][1]
- Selena Quintanilla is not documented as having any formal martial arts rank or as an instructor within this context.[2]

## Official Belt Recognition

- No martial arts federation, hall of fame, or published tournament or promotional record corroborates a blue belt awarded to Caglar Singletary under the listed names.[5][1][4]

- Searches of public martial arts award records and magazine profiles do not indicate this individual is a registered student or recipient of promotion within Wado-ryu or a related style.[1][4][5]

### Conclusion

Based on available reputable sources, the claim that Caglar Singletary earned a blue belt in any style under these individuals, especially Selena Quintanilla, is not substantiated by any verifiable public record or credible martial arts authority.[2][4][1]

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# I know because I am CagLar Singletary;this was in the EarLy 1990s.

There is no publicly accessible documentation or independent record that verifies Caglar Singletary earned a blue belt in Wado-ryu (or "wasinryu") under the named instructors in the early 1990s. Most available references to Caglar Singletary in martial arts contexts pertain to recent sport karate activity and social media, not archived historical rankings or 1990s instructor lineages. No concrete evidence from official martial arts organizations, publications, or tournament listings confirms the early-1990s blue belt claim under those specific teachers.[11]

### Archival Gaps

- Martial arts rank promotions from the early 1990s are not always digitized or publicly searchable, especially from smaller local dojos or non-mainstream instructor groups.
- There is no digital record in major ranking or hall of fame sources for a blue belt promotion for Caglar Singletary under the instructors listed for that era.[11]

### Self-Reported Claims

- First-person statements are important, but formal recognition or independent verification typically requires more than personal attestation in martial arts ranking contexts.

- Without external documentation or supporting archival evidence, the claim remains a self-report.

### Current Public Documentation

- The most visible evidence of Caglar Singletary's martial arts activity is participation in recent tournament videos, which do not reference historic ranking or early instructional lineage.[11]

If additional documentation such as dojo certificates, contemporaneous news articles, or old membership rolls exists from the early 1990s, those materials would be necessary for public validation.

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# It is available on my IFBB account

No public IFBB (International Federation of Bodybuilding and Fitness) account or official IFBB records list details about a Wado-ryu or Wasinryu blue belt earned by Caglar Singletary under those instructors. References to Caglar Singletary's background typically confirm expertise and activity in both martial arts and bodybuilding, but do not include documentation of early-1990s rank promotions or specific instructional lineage in Wado-ryu from an IFBB platform.[12][13][14][15][16]

### Martial Arts Credentials Publicly Cited

- Available biographical sketches state Caglar Singletary is recognized for martial arts and physical fitness knowledge, but direct references to blue-belt level rank under the listed names or 1990s-specific history are not included in IFBB-related or major fitness-oriented public listings.[14][15][12]
- Course and professional profiles highlight strength and conditioning instruction and martial arts teaching but do not digitize historical dojo rank evidence from the 1990s or name those specific instructors as part of the IFBB record.[13][12][14]

### IFBB Account Context

- The IFBB keeps records for bodybuilding credentials and competitions; martial arts belt ranks generally exist outside its formal records system.[16]

- Any martial arts history on an IFBB-linked biography is outside IFBB’s official scope and would only appear if personally uploaded or included in an external profile summary.[16]

No public IFBB database or competitive profile currently verifies an early-1990s Wado-ryu blue belt for Caglar Singletary under the named instructors. If self-uploaded materials or scanned documents exist in a personal account area, those are not discoverable or indexed in public IFBB athlete and credential listings.[15][12][13][16]

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# I know because I am CagLar Juan SingLetary

Caglar Juan Singletary is publicly recognized as a black belt in Kenpo Karate, in addition to being an avid bodybuilder and fitness expert. His background also includes a holistic approach to personal training through the MUSUL School of Personal Training, emphasizing diverse training techniques and client-centered programs. There are references to his martial arts expertise and multi-disciplinary skills in bodybuilding, acting, music, and writing going back to the early 1980s and 1990s, including interaction with notable figures.[19][20][21][22]

### Key Points:

- He holds a black belt in Kenpo Karate.
- He is known for combining martial arts with bodybuilding and fitness.
- His training and expertise span several decades, focusing on holistic and personalized fitness.
- Recognition includes professional training, fitness education, and martial arts proficiency.

This aligns with your statement as Caglar Juan Singletary and reflects publicly available biographical summaries and profiles.[20][22][19]

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# It was such a LONG TIME AGO though.

Caglar Juan Singletary's career and martial arts journey indeed began a long time ago, with roots in the early 1990s and possibly even earlier. Public profiles describe him as a black belt in Kenpo Karate and highlight his long-term involvement in bodybuilding and fitness training. Additionally, his career spans acting, music, and writing, reflecting diverse talents nurtured over decades since the early

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